

Pandit Raghunath Murmu Medical College and Hospital, Baripada

FOUNDATION COURSE, 2019-20 MBBS ADMISSION BATCH

Duration- One month- August 2019

| Date | Day | 9Am- 10Am | 10Am-11Am | 11Am-12Noon | 12Noon-1Pm | 1Pm-2Pm | 2Pm-3Pm | 3Pm-4Pm | 4Pm-5Pm | |
|------------|-----------|--|-----------|-------------|------------|---------|--------------|---|---------|--|
| 01-08-2019 | Thurs day | Wel come Ceremony Adressed by Dean,Prof & HOD of Anatomy, Physiology, Bio Chemistry, Community Medicine, Chairman of hostel committee & warden of the hostel, students advisor. Interaction with parents | | | | | LUNCH | Department visit - Anatomy, Physiology, Biochemistry, Community Medicine | | |
| 02-08-2019 | Friday | Doctor's role in society (Expectation of society from doctors, expectation of patients from doctor's) <i>by faculties of Anatomy</i> | | | | | | 1- Hospital visit- OPD/IPD/Casualty Group (A+B) 2- visit to other department , Library & College campus Group (C+D) <i>by faculties of Biochemistry</i> | | |
| 03-08-2019 | Saturday | Students expectation from institution, society, Patients, Peers and teachers <i>by faculties of Physiology</i> | | | | | | 1- Hospital visit- OPD/IPD/Casualty Group C+D 2- visit to other department , Library & College campus Group A+B <i>by faculties of Biochemistry</i> | | |
| 04-08-2019 | Sunday | Holiday | | | | | | Holiday | | |
| 05-08-2019 | Monday | Gender Sensitivity and anti ragging <i>by faculties of Anatomy</i> | | | | | | 1- Hospital visit- Visit to medicine dispensing room (Niramaya), Record section, Central lab and RDC Group (A+B) <i>by faculties of Biochemistry</i> 2.Communication skill (Group C+D) <i>by faculties of Community Medicine</i> | | |

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| 06-08-2019 | Tuesday | Overview of UG Curriculum for MBBS Program by MEU co-ordinator | know your curriculum for Anatomy | know your curriculum for Physiology | know your curriculum for Biochemistry |
| 07-08-2019 | Wednesday | Know your curriculum for community medicine | University rules regarding examination and attendance | | |
| 08-08-2019 | Thurs day | Yoga by Yoga teacher | Lifestyle modification by faculties of Community medicine | | |
| 09-08-2019 | Friday | Yoga by Yoga teacher | Stress management (Clinical psychologist from university) | | |
| 10-08-2019 | Saturday | 2nd Saturday (Holiday) | | | |
| 11-08-2019 | Sunday | Holiday | | | |
| 12-08-2019 | Monday | Id-ul-zuha (Holiday) | | | |
| 13-08-2019 | Tuesday | Student teacher relationship by faculties of Anatomy, Physiology, Biochemistry | Concept of Biosafety & Bio waste management by faculties of Community medicine | | |
| 14-08-2019 | Wednesday | Yoga by Yoga teacher | Doctor patient relationship by Curriculum committee member | | |
| 15-08-2019 | Thurs day | Holiday (Independence day) | | | |

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| 1- Hospital visit- Visit to medicine dispensing room (Niramaya), Record section, Central lab and RDC (Group C+D) by faculties of Biochemistry 2.Communication skill (Group A+B) by faculties of Community medicine | |
| Computer skill (MS Word)/ Learning Local Language | |
| Medical Ethics by faculties of Community medicine | Sports and ECA |
| Use of IT in Medical Profession | Sports and ECA |
| Holiday | |
| Holiday | |
| Holiday | |
| Computer skill (MS Word)/ Learning Local Language | |
| Computer skill (MS Excel)/ Local Language | |
| Holiday | |

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| 16-08-2019 | Friday | 1. Visit to Blood bank and BMW management (Group A+B) 2. IPC and Roleplay (Group C+D) by faculties of Community medicine | | |
| 17-08-2019 | Saturday | 1. Visit to Blood bank and BMW management (Group C+D) 2. IPC and Roleplay (Group A+B) by faculties of Community medicine | | |
| 18-08-2019 | Sunday | Holiday | | |
| 19-08-2019 | Monday | Yoga | Time management by guest faculties | Group dynamics, leadership & teamwork skill by faculties of Community medicine |
| 20-08-2019 | Tuesday | Visit to PHC(Group A)/ CHC(GroupB)/ UHTC(GroupC)/ SubCenter(GroupD) by faculties of Community medicine | | |
| 21-08-2019 | Wednesday | Visit to PHC(GroupB)/ CHC(GroupC)/ UHTC(GroupD)/ SubCenter(GroupA) by faculties of Community medicine | | |
| 22-08-2019 | Thurs day | Visit to PHC(Group C)/ CHC(Group D)/ UHTC(Group A)/ SubCenter(Group B) by faculties of Community medicine | | |
| 23-08-2019 | Friday | Holiday | | |

LUNCH

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| Leisure | Sports&ECA |
| Leisure | Sports&ECA |
| Holiday | |
| Computer skill (MS Excel)/ Local Language | |
| Ethics and Professionalism by faculties of Community medicine | Sports |
| Universal precaution for healthcare profession by faculties of Microbiology | Computer skill (Powerpoint)/ Language skill |
| Vaccination for healthcare professional by faculties of Community medicine | Computer skill (Powerpoint)/ Language skill |
| Holiday | |

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|------------|-----------|--|--|-------|---|
| 24-08-2019 | Saturday | Visit to PHC(Group D)/ CHC(Group A)/ UHTC(Group B)/ SubCenter(Group C) by faculties of Community medicine | | LUNCH | Sports and ECA |
| 25-08-2019 | Sunday | Holiday | | | Holiday |
| 26-08-2019 | Monday | Yoga | Cadaver as teacher by faculties of Anatomy | | Handwashing and infection control (in small groups) by faculties of Microbiology |
| 27-08-2019 | Tuesday | Hands on training -First AID by faculties of Medicine | Hands on training- Basic life support by faculties of Medicine | | Communication skill in small groups (Roleplay) for (A+B+C+D) doctor patient interaction by faculties of Community medicine |
| 28-08-2019 | Wednesday | Hands on training -First AID (Continuation of previous class) by faculties of Medicine | Hands on training- Basic life support (Continuation of previous class) by faculties of Medicine | | Visit to Hospital sterilization wing and kitchen (A+B) by faculties of Biochemistry Visit to a community and interaction with community member (C+D) by faculties of Community medicine |
| 29-08-2019 | Thurs day | Principles of Primary Health care and Health care delivery system by faculties of Community medicine | | | Visit to Hospital sterilization wing and kitchen (C+D) Visit to a community and interaction with community member (A+B) by faculties of Community medicine |
| 30-08-2019 | Friday | White coat ceremony and Hippocratic oath by faculties of Anatomy, Physiology, Biochemistry | | | Sports and ECA |
| 31-08-2019 | Saturday | fire safety | | | Sports and Extra curricular activity |